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# Alpha-Delta News

A PUBLICATION OF KAPPA SIGMA FRATERNITY  
AT THE PENNSYLVANIA STATE UNIVERSITY

[www.kappasigpsu.com](http://www.kappasigpsu.com)

## PRESIDENT'S LETTER

### Honoring the Memory of Brother Rob Hampton '73

Dear Brothers,

Unfortunately, I start this letter on a sad note. **Rob Hampton (1973)** passed away on November 7, 2021. He was affectionately known as "Hampy" by his close Alpha Delta brothers. I am dedicating this newsletter in his memory.

I met Rob numerous times at Penn State home football games. He was very friendly and always in a good mood. He took a keen personal interest in how the chapter was doing and was a very loyal member of our brotherhood. He left this earth way too soon and will be missed, but never forgotten by all his family and friends. I extend my deepest sympathies to his family on behalf of the Alpha-Delta Alumni.

Life is short and precious. Take the time to reach out to your pledge brothers and all the brothers from your undergraduate years. I hear it all the time from our alumni that their experiences with Kappa Sigma at Penn State were some of the best years of their lives. These friendships last a lifetime. This is the core reason why Greek Life provides huge benefits to students who participate.

The primary reason Alpha Delta continues with its annual communication program is to keep our alumni connected. It is nice to read about what other alumni are up to in their lives. Share your stories with us. We all share the strong common bond of being Alpha Delta alumni at Penn State.

I get asked by alumni if it is still necessary to continue with monetary support since the chapter is suspended. The answer is "Yes." Our communications program is solely funded by alumni donations. Our newsletters and other corporation expenses continue with or without an active chapter. We have been providing annual

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communications to all Alpha Delta alumni for over 50 years, uninterrupted. We want that to continue. Your donations are greatly appreciated!

I feel very confident that a new Kappa Sigma colony will be formed soon returning an Alpha Delta Chapter to Penn State. Sometimes life knocks you down. It is important to dust yourself off and get right back up.

As you read this newsletter take the time to send in a little update about yourself. Alumni updates are very popular. Your brothers like to see what others are up to in their lives. Make sure we also have your current email address and contact information.

Included with this newsletter is a list of "Lost" brothers. We do not have current contact information for any names on this list. If you are in contact with any of them, please send us their contact information. Thanks!

I hope you and your families have a great holiday season!

AEKDB,

**Ed Gorkes**  
President

## Kappa Sigma Says a Sad Goodbye to Brother Robert Hampton '73

It is with great sadness we report the passing of **Robert (Rob) Wesley Hampton**, age 70, who went to be with the Lord on Sunday November 7, 2021 in State College, Pennsylvania.

Born on August 20, 1951, in Philadelphia, Pennsylvania to Edna and Robert Hampton, Rob graduated from St. James Catholic High School in 1969. It was in high school, where he played on the golf team, that he developed his lifelong love of the game.

### Time at Penn State

Also while in high school Rob worked as a caddy at Springhaven Country Club. There, he received the J. Wood Platt Caddie Scholarship Trust, awarded to deserving caddies. This scholarship allowed him to attend the Pennsylvania State University and graduate in 1973 with a Bachelor of Science in Accounting.

Rob pledged Kappa Sigma and served as President during his senior year. While in college, he came to love all things Penn State and met his future bride Jenifer (Jennie) Bryan. Rob and Jennie were married in 1974 in State College and were married for 46 years.

### A Successful Career

After graduation in 1973, Rob's career took him to Price Waterhouse and Co. Philadelphia in public accounting where he earned his CPA license and eventually transferred to Houston, TX, in 1980 as a Senior Manager.

Rob quickly took a liking to Houston and



***“From the fraternity house to his neighborhood, Rob made many dear friends over his lifetime.”***

Texas culture and made it his family's home for the next 41 years. After leaving Price Waterhouse and Co. in 1986 he worked for a variety of different companies. While he attributed much of his success to luck, everyone who knew him suspect it may have had something to do with hard work.

### Family and Hobbies

Outside of his career, Rob loved golf, travel, wine, his cars, and adopting the newest technology. Rob's hobby of photography ensured that his family's memories were well documented. You could often find him playing 18 holes at one of the many country clubs of which he was a member.

In 2007, Rob and Jennie purchased a second home in State College where they spent the Fall enjoying Penn State tailgates, football games, and hosting friends and family. He was quick to make his guests a cocktail, preferably a Crown Royal Manhattan. From the fraternity house to his neighborhood, Rob made many dear friends over his lifetime. Always positive, practical, a little impatient, and friendly, he will be dearly missed.

Our thoughts and prayers are with Rob's beloved wife, Jennie Hampton; his brother, Bruce Hampton; his children, John Hampton and his wife, Julia, and Becky Greene and her husband, Mike.

In lieu of flowers, donations can be made to the J. Wood Platt Caddie Scholarship Trust (<https://plattscholar.org/donate>) or the Penn State Golf Teaching Research Center (<https://raise.psu.edu/GTRCrenovation>) in honor of Rob Hampton.

For Rob's obituary, visit <https://www.legacy.com/Link.asp?l=LS000200619672>

## Kappa Sigma Brothers Fondly Remember Robert Hampton '73

Many brothers expressed their shock and sadness at the loss of Brother Hampton. Below are just a few of the heartfelt comments from brothers when they heard of Rob's passing.

### John Wray (Gunner) (1973)

Please keep all of Hampy's loved ones in your thoughts and prayers. Rob was a loyal Alpha Delta and will be sorely missed. Rest in Peace Hampy.

### William (Ace) Vitori (1973)

Really hard to believe. I've been thinking a lot this week to my memories of Rob during my sophomore year when he was one of my Kappa Sig roommates. Just so hard to take in. He was such a good guy with never a bad word to say about anyone. The world just lost a great and wonderful man. I'm proud to call him my brother.

### Charlie Fey (1971)

Oh my God, this is shocking and very sad. Hampy was a great guy and a fantastic brother. My condolences to Hampy's family and all my Kappa Sig brothers, friends and family.

### David Link (1972)

The memories of Hampy as a pledge and brother will remain with me until I join him. My condolences to everyone who knew and loved him. Rest in Peace Hampy.

### Ronald Stiteler (1971)

Hampy, you will never be forgotten. Rest in peace my brother. Jen, so deeply sorry for your loss.

### Harry Flick Jr. (1969)

Very sad news. This underscores the importance for all of us to gather more frequently for reunions and to make an ardent

attempt to attend them when thoughtful brothers work hard to pull together all the details. AEKDB

### Harvey Thompson (1969)

May God bless and comfort Hampy and his family... AEKDB

### Jim Lang (1972)

Very, very sorry to receive this news. I hate to receive these emails. Hampy was a wonderful brother and it appears leaving a great family to carry on. I will keep all Hampy's loved ones in my thoughts and prayers. RIP – Hampy

### Thomas Hall (1972)

I will always remember Hampy as one of the most jovial and friendly people I've ever met. He never had a bad word for anyone. He was truly an inspiration. So sad to hear this news. AEKDB

## THE BONDS THAT MATTER MOST

### If Relationships Have Been Suffering in the Modern World, COVID May Provide an Opportunity to Start Again

*The Wall Street Journal* recently ran an article entitled “Five Principles for a Better Post-Pandemic You” by Brad Stulberg. The article talks about the many ways the stresses of modern life were made worse by COVID. The constant pull of technology on our time and attention, the feeling that if we step away too long, we’re going to miss something, and the burnout many people experience because of the constant pull—all of these feelings were only increased when we all moved to Zoom calls and started working out of our home offices.

What attracted us to the article though, is its focus on the importance of the relationships in our lives. As the last two paragraphs of the article say:

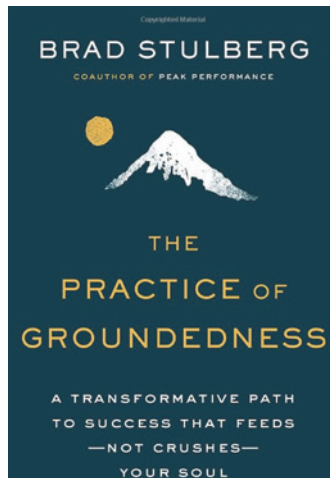
“On our deathbeds we are likely to dwell not on that big promotion, glittering award or other outward achievement but on the bonds we forged with other people along the way. Deep community provides us with spaces where we can support each other through ups and downs. It’s where we find the relationships that keep us grounded.

These principles have always been the foundation of a good life, but in the rush and anxiety of modern work, we’ve lost sight of them. The disruption of the pandemic has given us an opportunity to reconsider—and to start again.”

As fraternity brothers, we understand perhaps more than most, the importance of having a community and the bonds that allows us to build. Shared experiences, common goals, and coming through it all stronger and together, is what brings all of us here years, and even decades, after graduation.

Think about your own experiences during COVID. Did they bring you closer to the people who really matter in your life? Did you lean on your community and let them lean on you?

Many people found themselves getting back to basics – baking bread, playing games, and coming up with creative ways to keep themselves occupied in a productive manner. Getting back to basics also meant spending more time with loved ones, touching base with neighbors and friends, and reconnecting with old friends who meant so much to us in the past.



*“On our deathbeds we are likely to dwell not on that big promotion, glittering award or other outward achievement but on the bonds we forged with other people along the way.”*

*– Brad Stulberg*

As much as COVID has put distance between people, it has also given us some time and space to step back and think about what’s important – relationships, bonds, and community. We hope everyone carries this forward well past the days of COVID.

The article is based on Stulberg’s new book, *The Practice of Groundedness*, where he talks about getting moving even if you’re not feeling great, starting where you are, and building a solid foundation on which to build.

As we continue to live with COVID,

and hopefully one day soon move on from COVID, it’s helpful to keep in mind what really matters – the relationships in our lives with our families, friends, community, and fraternity brothers.

Brad Stulberg is the coauthor of *Peak Performance* and *The Passion Paradox*. His work has appeared in the *New York Times*, *Wall Street Journal*, *Los Angeles Times*, *Wired*, *Forbes*, and more, and he is a contributing editor to *Outside Magazine*.

## 2022 FOOTBALL SCHEDULE

### It’s Never Too Soon to Plan for Football Season



#### Penn State University 2022 Football Schedule

All times TBD

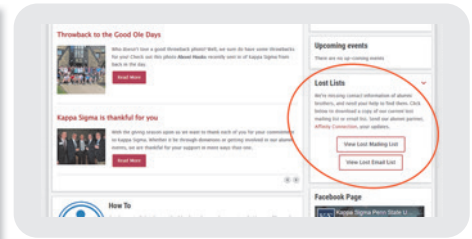
Sep 3	@ Purdue
Sep 10	vs. Ohio
Sep 17	@ Auburn
Sep 24	vs. Central Michigan
Oct 1	vs. Ohio State
Oct 8	@ Michigan
Oct 15	vs. Illinois
Oct 29	vs. Michigan State
Nov 5	@ Indiana
Nov 12	vs. Maryland
Nov 19	vs. Minnesota
Nov 26	@ Rutgers
April 23	Blue White Game

## LOST BROTHERS

### Help Us Reconnect with Lost Brothers

People move to a new home and change their email addresses every day. They often forget to let us know their new contact information and this is where we need your help! We have a list of “Lost Brothers” – brothers whose email addresses and mailing addresses are out of date.

To make things easy, we’ve included a current copy of both lists for you to look at. If you see a name you recognize and have contact info for, you can write the info on the back of the solicitation form we’ve also included, or you can go to the website as indicated below, any time.



It’s easy to check! Simply head over to [www.kappasigpsu.com](http://www.kappasigpsu.com). Scroll down on the HOME page to the “Lost Lists” section in the right-hand side column. You can simply click on the names of those you have contact information for and it will automatically

open your email account to send our alumni communications partner a message.

Thanks in advance for your help in keeping more brothers in touch!

## FLASHBACK

### Do You Recognize Anyone? Answer Correctly and Win Kappa Sigma-Penn State Art

**Can you name everyone in this picture? Do you know the year the photo was taken?  
Do you know where the photo was taken?**

If you think you know the answer to all of these questions, email Ed Gorkes at [egorkes@gmail.com](mailto:egorkes@gmail.com). The first person to answer correctly will win a custom metal Kappa Sigma-Penn State piece of art.

